

109KM & 42KM ROUTE MAP



Pick n Play

ROTARY • PEDAL POWER ASSOCIATION

ROUTE:

Kilometres to Go			
1	Constantia	95,0	
2	End of M3	88,9	
3	St. James Station	81,6	
4	Simon's Town	70,1	  
5	Partridge Point	62,0	  
6	Klaas Jagersberg	53,9	  
7	Perdekloof	51,2	  
8	Masiphumelele	37,9	  
9	Noordhoek	31,4	  
10	Hout Bay	20,8	  
11	Suikerbossie (Bottom)	18,0	  
12	Bakoven	9,9	  

KEYS:

-  **Refreshment Stations**
-  **Medics**
-  **Repair Zone**
-  **Physio Available**

CUT-OFFS:

- | | | |
|---|--------------------|-------|
| 1 | M3/Steenberg | 10h15 |
| 2 | Glencairn Express | 11h15 |
| 3 | Perdekloof | 13h00 |
| 4 | Noordhoek | 14h00 |
| 5 | Hout Bay Main Road | 15h00 |
| | Finish | 17h00 |

